

## Beyond an Apple a Day Exercises

### Health Reference Questions:

The following questions can be answered by using the NLM resource MedlinePlus.gov (<http://www.medlineplus.gov>). Please take some time to become familiar with the resource. Using MedlinePlus, search for the answer to the question and jot down a brief response. Do NOT use Google!

- 1.) What is cholelithiasis?
- 2.) My husband got the grill out for the first time this year and burned his hand. He said he thought he should put butter on it. What is the best thing to do for a minor burn?
- 3.) What is pyelonephritis and how is it treated? Are there any clinical trials for this currently being conducted in Texas?
- 4.) What is a normal blood pressure reading?
- 5.) A friend told me that black cohosh is good for menopausal symptoms. Is it safe to take? Is there any evidence that it is effective for menopause?
- 6.) Locate a video for caregiver support of Alzheimer's disease.

### Collection Development Scenario:

**Kevin Mark Trudeau** (born February 6, 1963) is an American author, radio personality, and infomercial salesman best known for promoting alternative medicine. A number of his television infomercials and several of his books, including *Natural Cures "They" Don't Want You to Know About*, allege that both the U.S. Food and Drug Administration and the pharmaceutical industry value profit more highly than treatments or cures.

Do a bit of research about Mr. Trudeau and think about whether or not you would include his book *Natural Cures "They" Don't Want You to Know About* in your library's collection. Why or why not?

If you decide to include it in your library's collection, where would you place it on the shelves? If your library already has this book, discuss briefly whether you will reconsider based on what you have learned.